

Some Suggested Pandemic Supplies For Minimal Protection

Okay here is a shopping list remembering that money may be tight: (these are not in any special order)

- \$ 1 gallon of liquid bleach per person of the household (yes that is gallons) - [to sanitize everything](#)
- \$ 4 boxes of latex or nitrile gloves (different sizes for every member of the household)
- \$ 2 boxes of 20 of N95 masks for every member of the household
- \$ Styrofoam "Take Out" containers - [to give to people that come to your door looking for food](#)
- \$ portapoty, urinals and bedpans
- \$ several boxes of Borax - [for provisional toilets](#)
- \$ 25 lbs. of lime per person - [for provisional toilets](#)
- \$ 50 "yard waste" black garbage bags per person - [for provisional toilets and garbage](#)
- \$ 100 "kitchen" bags per person - [for provisional toilets and garbage](#)
- \$ 25 lbs. of kitty litter per person - [for sick people's body fluids clean up](#)
- \$ 100 rolls of toilet paper per person - [for personal sanitation](#)
- \$ 10 rolls of paper towels per person - [for personal sanitation](#)
- \$ Kleenex and baby wipes
- \$ antibacterial soap- [for meticulous hand washing](#)
- \$ body wash, talcum powder, lotion, diaper cream
- \$ a box of straws - [for sick people so you don't contaminate drinking cups too much](#)
- \$ metal or plastic eating utensils and tableware for sick patients that can be cleaned easily
- \$ metal or plastic chairs and tables for an isolation room with no wood or cloth on them
- \$ extra bed linen, pillows with plastic pillow covers
- \$ Plastic mattress cover (you can wrap and duct tape a mattress in plastic also)
- \$ towels/washcloths
- \$ hospital gowns
- \$ walker, cane, crutches
- \$ plastic garbage cans
- \$ cotton swabs
- \$ thermometer with holder
- \$ hand sanitizer, air freshener, and surface cleaner
- \$ good dish soap like "Dawn" or other aggressive anti-grease formula
- \$ water filtration and purification devices
- \$ water collection, storage and carrying containers
- \$ water, water, and more water

additional supplies to set up an isolation room for contagious diseases:

- \$ 100' roll of clear 4 mil plastic - [for setting up an isolation room](#)
- \$ 10 rolls duct tape - [for setting up an isolation room](#)
- \$ staple gun and staples - [for hanging plastic in an isolation room](#)
- \$ a pesticide sprayer and several small hand spray guns for the liquid bleach solution - [to sanitize everything](#)
- \$ box fans (although you can make other types of fans work) - [for creating air circulation through the isolation room](#)
- \$ HEPA filters - [for fans making a whole room air filtration system](#)
- \$ PVC pipe and fittings - [for making a clean room vestibule outside the isolation room](#) (if needed)
- \$ metal or plastic chair and table - [for clean room outside of isolation room](#)
- \$ metal or plastic wash basins - [for clean room outside of isolation room](#)
- \$ disposable paper gowns, hair covers, shoe covers, appropriate masks and/or filters for the disease
- \$ large tub - [for soaking contaminated linens](#)
- \$ clothesline - [for washing clothes by hand](#)
- \$ laundry soap and more bleach - [for washing clothes by hand](#)
- \$ burn barrel, kerosene and matches - [for burning contaminated items that should not be buried or washed](#)
- \$ tarps for wrapping bodies

I am sure there are more items but this is a good list to start with.

Steps to Biological Security

- 1- activate mass callout plan - calls out to every family member to get everyone home ASAP
- 2- if still on the road and/or in public pull out gas mask, with bio-filter, from kit in back of truck/car and start using
- 3- keep radio tuned to KSL or DHS appointed radio station for local updates
- 4- upon arriving home start quarantine process by bringing everyone inside including animals (quarantine sign on front door)
- 5- start in-house bio-filter
- 6- set up decontamination station in garage with drapes, shower, gloves, masks, and gowns
- 7- set up isolation rooms for possible sick family members and guests
- 8- start everyone on master immune system booster kit
- 9- check all electrical (solar, 12 volt, and battery) systems incase of loss of power
- 10- check water supplies, have everyone shower regularly (daily) until loss of water pressure
- 11- check on possibility of working from home
- 12- request over the phone for advanced homework assignments for school age children to be sent over the internet
- 13- call CERT team, on the phone, for distribution of information sheets to neighbors upon confirmation of problem
- 14- prepare to pull out alternative heating/cooking/lighting/sanitation measures to be used